

NAIL BAR MENU

Luxury Manicure

50 minutes · polish £55 · with gel £65

This relaxing treatment includes complete nail prep with soak, moisturise, full hand and lower arm natural pumice exfoliation and massage. Finishing with nail polish or gel of your choice.

Luxury Pedicure 50 minutes · polish £55 · with gel £65

Foot heaven includes complete nail prep with soak, hard skin removal, full foot and lower leg natural pumice exfoliation and massage. Finishing with nail polish or gel of your choice.

Express Manicure or Pedicure £30 nail polish · £40 with gel polish

Tidy and nail paint – perfect for those who are time short but after a quick pick-me-up.

Express Manicure BIAB Polish, no colour 1 hour 15 minutes • £39

Strengthen and grow your natural nails with our Builder Gel Polish.

Express Manicure BIAB Polish, with colour 1 hour 30 minutes · £43

Strengthen and grow your natural nails with our Builder Gel Polish, followed by the gel colour of your choice.

Express Manicure BIAB Polish, with French tip

1 hour 30 minutes · £45

Tidy, buff and application of our Builder Gel with the classic French tip design.



TREATMENT MENU

Ultimate Well-being Facial 50 minutes • £85

This is more than just a facial, refresh both your skin and your mind with this calming facial which focuses on lowering the stress levels in the body to encourage a full reset of the skin and mind.

Mens Refinery Facial 50 minutes • £85

Using the Refinery skincare range with hot towels to include cleansing, moisturising and massaging. This is a deep cleansing and brightening facial that will leave your skin looking clean, luminous, and deeply hydrated with rich, deeply invigorating essential oils and botanical extracts.

Aromatherapy Pregnancy Massage* 50 minutes • £85

Traditional aromatherapy pressure point massage is used for the upper back paying particular attention to tight shoulders. This massage helps to relieve stress and tension. The legs are massaged to ease the heavy feeling that can come with pregnancy and a full scalp massage, with treatment oil chosen specifically for your skin type, completes this top to toe treatment. * from 14 weeks after 1st Trimester it is safe to perform massage. It may be recommended for a doctors note in certain circumstances.

The Ultimate Aromatherapy Experience 50 minutes • £85

With your chosen oil, your therapist will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This treatment works from your head to your toes, it will dissolve away all of your stress and tension.

This is an intense massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

Face and Back Signature Massage 50 minutes • £85

A back, neck and shoulder massage to ease physical aches, pains and tension in the upper body, followed by our ultimate wellbeing facial to cleanse, tone and rejuvenate the skin.

Time out for Two 50 minutes • £160

Take the time to relax together, whether you choose to pamper yourself with our decadent Rose Body Wrap Ritual or rejuvenate yourself with our tailored Ultimate Aromatherapy Massage, enjoy the experience as one.

Back Polish and Massage 50 minutes • £85

The natural exfoliating grains of the finely ground olive will be releasing toxins in this body polishing treatment. The grains will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing aromatherapy oils which deeply hydrate the skin.

Hot Stone Massage 50 minutes • £105

This full body massage uses hot stones for a luxurious massage with concentration of techniques to areas most prone to tension. The warm smooth stones are expertly glided over the body with varying pressures, techniques and precision enabling the therapist to reach the deepest aches and pains, alleviating stress and tension. Hydrating oil is used during the treatment to moisturise the skin as the warming energy of the stones helps to rebalance the mind and body. Good for alleviating stress, aches and pains, overactive mind, headaches and poor circulation.

Fire & Ice Massage 25 minutes · £50

Gentle massage is applied to your scalp and face by using different techniques with ice cold stones and hot stones. This treatment will help you to relax your mind and let go of any tension. These techniques will help to reduce swelling and encourage lymphatic drainage. You will feel like you are floating away.

Luxury Hot Stones Back and Scalp Massage 25 minutes • £55

This luxurious hot stone massage works through the tension on the back then up towards the scalp using both fingers and hot stones. This massage helps relieve tension and pain by working deep into the muscles with the scalp massage providing extra relaxation.

Bed of Roses 50 minutes · £85

Indulge the body and senses with a rose back exfoliation followed by a revitalising facial designed to combat tired and dull skin to make you feel fresh and rejuvenated.

Please note all 60 minute treatments include a 10 minute consultation period.

Additional treatments including waxing and tinting are available upon request

